

RULLEKAKE (ROLL CAKE)



<u>Sponge Cake:</u>

4 large eggs

3/4 cup sugar

1 cup all-purpose flour

1 tsp baking powder

Pinch of salt

Cream Filling:

1 cup whipping cream

2-3 Tbsp sugar

1 tsp vanilla extract

Fruit filling:

Lingonberry or raspberry jam

Fresh berries (optional)

Directions

- 1. Sponge Cake: Preheat oven to 375 degrees. Line a baking sheet with parchment paper and grease it lightly.
- 2. In a mixing bowl, beat the eggs and sugar together until the mixture is pale, fluffy, and forms ribbons when lifted with the beaters.
- 3. In a separate bowl, sift the flour, baking powder, and salt. Gently fold the dry ingredients into the egg-sugar mixture using a spatula, taking care not to deflate the batter.
- 4. Pour the batter onto the prepared baking sheet and spread it evenly. Bake for about 10-12 minutes or until the sponge cake is lightly golden and springs back when touched.

Source: Norwegian Cookbook (Garcia)



Directions, cont.

- 5. While the cake is still warm, carefully roll it, along with the parchment paper, into a log shape. Place it on a wire rack to cool completely.
- 6. Filling and Assembly: In a mixing bowl, whip the cream, sugar, and vanilla extract until stiff peaks form.
- 7. Carefully unroll the cooled sponge cake and spread a layer of jam or preserves over it. Then, spread the whipped cream evenly over the jam.
- 8. Gently roll the sponge cake back into a log shape, using the parchment paper to help. Ensure the seam side is facing down.
- 9. Place the Rullekake in the refrigerator for at least an hour to set. Before serving, dust the top with powdered sugar and garnish with fresh berries, if desired.

Source: Norwegian Cookbook (Garcia)