

Ingredients

2 Tbsp melted butter

1 tsp garlic powder

1 tsp onion powder

1 tsp paprika

1 tsp dried thyme

1 tsp dill weed

1 tsp chili powder

1 tsp gluten-free Worcestershire sauce

2 1/4 cups gluten-free Corn Chex cereal

2 1/4 cups gluten-free Rice Chex cereal

1 cup gluten-free Glutino pretzels

1 cup roasted peanuts or almonds

Directions

- 1. Pour the butter, spices, and Worcestershire sauce into the bottom of a 6-quart slow cooker. Stir.
- 2. Add the cereal, pretzels, and nuts. Cook uncovered on low for 2-3 hours, stirring every 30 minutes.
- 3. Pour onto a baking sheet and allow to cool. Store in an airtight container in the pantry for up to 2 weeks.

Variations:

Mexican: substitute 1 tsp each cayenne pepper, ground chipotle, hot New Mexico chili powder, and oregano for the thyme, dill weed, and Worcestershire sauce.

Japanese: substitute 1 tsp each sesame seeds, gluten-free soy sauce, ground ginger, and white pepper for the paprika, thyme, dill weed, and Worcestershire sauce.

Serves 20

Source: The Best of Everything: Gluten-Free Slow Cooker