

Ingredients

1/4 cup soy sauce
1/2 cup ketchup
1/4 cup fresh lemon juice
1/4 cup honey or brown sugar, packed
2 frying chickens, halved or cut into pieces
Cold water
1 Tbsp cornstarch

Directions

- 1. In a large bowl, whisk together soy sauce, ketchup, lemon juice, and honey or brown sugar.
- 2. Arrange chicken in a single layer in a flat dish and pour marinade over.
- 3. Refrigerate for several hours or overnight.
- 4. Cover with foil and bake for 1 hour at 325 degrees.
- 5. Remove foil, baste with sauce and bake uncovered for 10 to 15 minutes, or until tender and browned.
- 6. To thicken sauce, mix a little cold water with cornstarch and stir into sauce.
- 7. Serve over rice, if desired.

Serves 4 to 6